

## **Empress Chicken**

1-1 ½ pounds of boneless, skinless chicken breasts cut into 1 inch pieces.

8 ounces frozen broccoli florets or

1 large bunch broccoli (cut into florets)

8 ounces frozen sliced carrots or

2 large carrots-cleaned and sliced thin

1 small yellow onion sliced

½ cup celery sliced in ½ inch pieces

1 jar **Oriental Secrets Sweet and Sassy Garlic Sauce**

1. Preheat a skillet or wok over high heat and add 2 tablespoons vegetable oil.
2. Add chicken pieces, stir till thoroughly cooked.
3. Add broccoli, carrots, onions and celery and cook for 5 minutes. If using frozen vegetables stir fry until moisture is evaporated.
4. Stir in one jar Oriental Secrets Sweet and Sassy Garlic Sauce and simmer for 3 minutes.
5. Serve over steamed rice.

Makes 4-6 servings.